



**Melba Copland Secondary School**  
**Community News February 2017**  
An ACT Public School



**Term Dates 2017**

Term 1 Jan 30 - April 07

Term 2 April 26 - June 30

Term 3 July 17 - Sept 22

Term 4 Oct 09 - Dec 15

**MCSS Contacts Post:**

Conley Drive

Melba ACT 2615

**W:** [www.mcass.act.edu.au](http://www.mcass.act.edu.au)

**E:** [melbacss@mcass.act.edu.au](mailto:melbacss@mcass.act.edu.au)

**Year 7-10**

**(High School Campus)**

**Phone:** 6142 0333

**Fax:** 6142 0343

**Year 11-12 (College Campus)**

**Phone:** 6142 0333

**Fax:** 6142 0315

**Principal**

Michael Battenally

**Deputy Principals**

Mary Arnold - High School

Gary Lawson- College Campus

Jesse Sidhu - High School

**Business Manager**

Leon Sanft - MCSS

**Careers Newsletter**

found on the Front Page of our Web

<http://www.mcass.act.edu.au/home>



## Active Rides

Our new Active Rides program provides an opportunity for 10-15 year olds to try a variety of cycling activities in a fun and inclusive environment.

Each week participants will get to try a variety of cycling skills and gain valuable cycling knowledge.

Participants do not need to be regular cyclists but should come with a willingness to have fun and be active.

**Activities may include:**

Bike safety skills

BMX

MTBing

Basic bike mechanics

**Course Outline:** Once a week for six weekday afternoons for girls and boys.

**Location and Time:**

Two locations

Fridays 4:30-6pm at Stromlo Forest Park (Feb 24-31 March)

Mondays 4:30- 6pm at Tuggeranong College (Feb 27-3 April)

These are two separate courses. Course runs 90min per week for 6 weeks.

**Equipment:** Bring your own geared bike and helmet.

**Cost:** \$50.00 (6 week course)

For more information please send an email to [projectmanager@pedalpower.org.au](mailto:projectmanager@pedalpower.org.au).

# Heat Cheerleading is enrolling now for 2017!

Heat Cheerleading offers fun and affordable cheerleading classes for boys and girls from 5 years to adults.

Get involved in Australia's fastest growing sport – learn to jump, stunt, dance and tumble all in a 2:30min routine!

Come and train at our new cheer gym at Mitchell. Register now for 2017 with classes starting in February.

For more information, visit [www.heatcheerleading.com.au](http://www.heatcheerleading.com.au), call **0418 620 772** or email [info@heatcheerleading.com](mailto:info@heatcheerleading.com).



# Red Rooster

6 Charnwood Place  
Charnwood  
2615, ACT



## Red Rooster - Charnwood Schedule

### Delivery Schedule

Sun	12:00 to 14:00 17:00 to 22:00
Mon	12:00 to 14:00 17:00 to 22:00
Tue	12:00 to 14:00 17:00 to 22:00
Wed	12:00 to 14:00 17:00 to 22:00
Thu	12:00 to 14:00 17:00 to 22:00
Fri	12:00 to 14:00 17:00 to 22:00
Sat	12:00 to 14:00 17:00 to 22:00

## STEVES MELBA TAKEAWAY & PIZZA



## HOT SPECIAL! 2 LARGE PIZZAS

**\$33**

\*SUPER SUPREME NOT INCLUDED.

EXTRA FILLINGS \$2 EA.

Melba Shopping Centre  
Melba ACT 2615  
Ph: 62586637  
Open 6 Days

## STEVES TAKEAWAY CAFÉ NOW OPEN!



CAPPUCCHINO  
HOT CHOCOLATE  
MILKSHAKES  
GOURMET PIES  
HOME MADE  
SWEETS, CAKES,  
PASTRIES





# Play Rugby

**Uni-Norths Juniors**

Home Ground - Southwell Park, Lyneham

**Boys and Girls**

Register online

**[owlsrugbyjuniors.com.au](http://owlsrugbyjuniors.com.au)**

+

**Rego Days**

**Saturday, 18th February** - Brumbies HQ at UC

**10.30am - 12 noon**

**Sunday, 5th March** - Southwell Park, Lyneham

**12 noon - 3pm**

For more information

**[uninorthsjnrs@gmail.com](mailto:uninorthsjnrs@gmail.com)**



**WEST BELCONNEN  
JUNIOR RUGBY LEAGUE**

**REGISTRATION DAYS**

**FEBRUARY 25<sup>TH</sup> & 26<sup>TH</sup>  
11:00<sup>AM</sup> – 3:00<sup>PM</sup>**

**OR REGISTER ONLINE @  
PLAYNRL.COM**